

## MES Highlights: NOORDELIKE VOORSTEDEN

2021 Started for MES Cape Town with many new projects and expansions, herewith a break down.

### Parow

We saw the establishment of a joint operations committee at the end of 2020 in Parow. This inspired a local businessman to donate a building that we can use as a Centre of Hope. The Centre of Hope is a concept for a multi-purpose centre or a one-stop shop for relief, rehabilitation and development services.

### Durbanville

The partnership with Friends of Durbanville, Business Chamber, individuals, churches and local government saw the old Lions Club transformed into a hip and cool Drop-in Centre! Sprouting minds jumped in and created a wonderful veggie garden, we had our first community dinner, and we are planning to expand our programmes; i.e. more job rehabilitation (cleaning) teams and more training courses.

### Bellville

Our initiatives with local partners such as the Boston CID, Welgemoed CID and VRCID creates a momentum of “watch out!! change is happening here!”. We are also working hard with another partner GTP to up our game, launching a new recycling projects. We have already made great progress as we are proud to announce that our trolley project was chosen as the 2020 PETCO winner.

<https://www.youtube.com/watch?v=U2l45ljSTYs>

Looking forward to this quarter we will be restarting our practical service, evangelism outreaches, every Friday of each month. The first one took place on 26 March 2020.

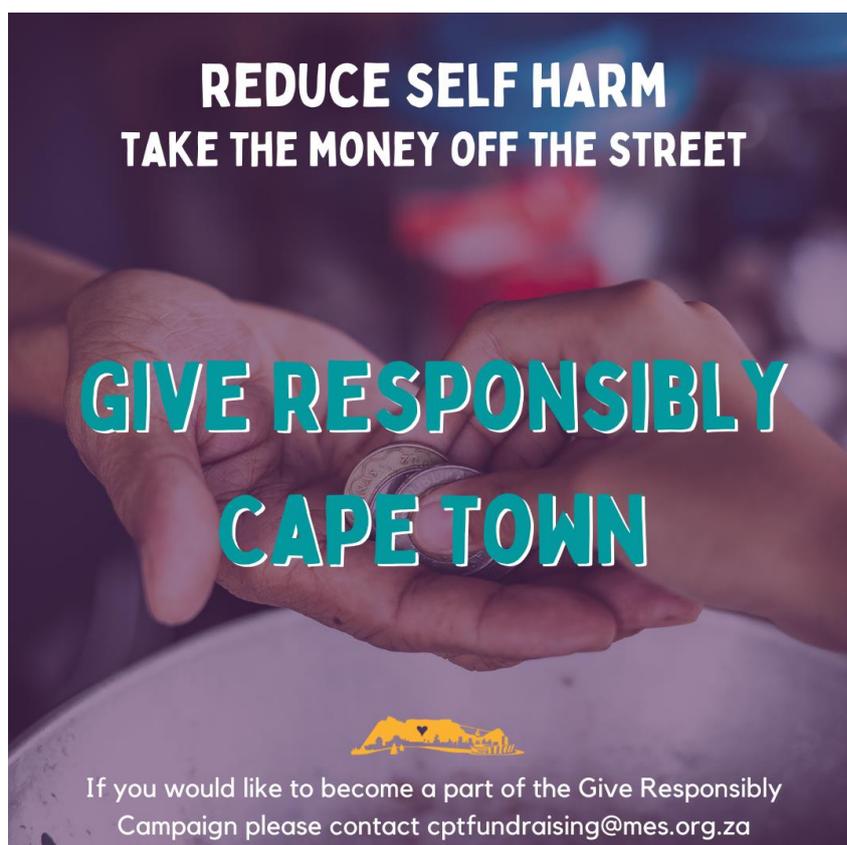
Our newly appointed social workers in Parow and Durbanville are up to exciting projects so keep an eye out for all the opportunities to get involved.

## Give Responsibly campaign.

We are in the process of relaunching our Give Responsibly campaign. The aim of this campaign is to educate and empower the public on responsible giving and supply them with opportunities to partner with MES.

To give responsibly is to give in a way that supports and encourages positive meaningful change in the life of the recipient. Giving responsibly can change the lives of those around us instead of enabling the selfdestructive behaviour many of our homeless community members struggle with. We want to take hands with our surrounding communities so that we can work together to change the heart of the city.

The Give Responsible campaign will be rolled out to primary and high schools in the area (next quarter). We believe teaching the family as a whole on how to deal with homelessness will have a greater impact on how we can serve both the homeless communities and the communities they live in. Neighbourhood watches are also getting aboard and helping us to spread the info. Various shops in Durbanville and Bellville are now selling or starting to sell the meal and shelter vouchers which are supported by the Give responsible campaign.



**REDUCE SELF HARM  
TAKE THE MONEY OFF THE STREET**

**GIVE RESPONSIBLY  
CAPE TOWN**



If you would like to become a part of the Give Responsibly Campaign please contact [cptfundraising@mes.org.za](mailto:cptfundraising@mes.org.za)

## Challenges: Cost effective accommodation

Our biggest struggle remains to find cost-effective accommodation for clients who are ready to move on but are still not financially stable enough to pay regular rental market prices. This is an ongoing problem that needs immediate attention in order for MES to offer a holistic service. Operational and development costs are a daily struggle for MES Cape Town. Without developmental programmes our clients struggle to move on holistically. Substance abuse, trauma, abuse and mental health issues are immense amongst our homeless communities. These issues are not dealt with easily and can take years to be solved.

## A wonderful success story!



# Look at you go!

**We're proud of you Cindy!**

Cindy was living on the street for just over 6 years when she joined MES. She has since moved off the street and worked herself up to a supervisor position within our GROW program. We are so proud of Cindy for taking hold of the opportunities and support around her. We commend her hard work and positive spirit. You have inspired many and continue to do so. We thank you.

**MES** Changing the heart of the city!  
**GROW**  
JOB REHABILITATION  
TEL: 021 948 9888  
www.mes.org.za

MOULD • F • ERVE

## 2021 MES Cape Town needs list:

We are in need of the following items and equipment to support our services and clients. If you would like to donate or fund the acquisition of any one or more of these items, please see the details below:

**Contact person: Clarina Hanekom**

**Cell number: 074 692 1247**

**E-mail: [prcapetown@mes.org.za](mailto:prcapetown@mes.org.za)**

### General:

|                                   |
|-----------------------------------|
| MES branded polo shirts for Staff |
| Sign board for our head office    |
| 6 x Laptops                       |
| 3 cell phones                     |
| Stationery                        |
| First aid kits (5 kits)           |
| Branding for vehicle              |

### Adults and families at risk - Parow Drop-in centre:

|                    |
|--------------------|
| Fridge             |
| Urn                |
| Big pot for soup   |
| Burner or hotplate |
| Electric leads     |
| Printer            |

### Safe Space Step down shelter:

|                                   |
|-----------------------------------|
| Electronic gate                   |
| Sanitary packs:                   |
| ❖ Toothpaste                      |
| ❖ Toothbrush                      |
| ❖ Roll-on                         |
| ❖ Soap                            |
| ❖ Facecloth                       |
| ❖ Sanitary pads                   |
| New Underwear (men's and woman's) |

## GROW Durbanville:

|   |
|---|
| Blankets  |
| Sign board for our Centre of Hope (R4000)                 |
| Small & Medium warm clothes                               |
| New underwear   |
| Machine Washing Powder                                    |
| Maize (Porridge)  |
| Milk, coffee & sugar                                      |
| White vinegar   |
| Bicarbonate of soda                                       |
| Sleeping bags   |
| Desktop computers   |
| Counter tops for computer room (email for specifications) |
| Printing paper  |
| Ink cartridge (Canon PG-440 black)                        |
| White/Green curtains                                      |
| Indoor hanging plants                                     |
| GROW sponsored shifts:                                    |
| ❖ Work wear   |
| ❖ Safety boots  |
| ❖ Branded MES bibs for GROW teams                         |

## GROW:

|   |
|---|
| 50 Rain suits                                       |
| ❖ 10 Parow  |
| ❖ 10 Durbanville                                    |
| ❖ 30 Bellville                                      |
| Workshop facilitators                               |
| Computers for resource centre                       |
| Sponsored shifts R80 per shift                      |
| Contractors for area clean up                       |
| Maintenance on roofing (Meath str)                  |
| First aid training for supervisors and team leaders |
| Maintenance tool box                                |

### Transitional Housing (2nd phase housing): Housing 25 people

|         |
|---------|
| Carpets |
|---------|

|         |
|---------|
| Lockers |
|---------|

|              |
|--------------|
| Toilet paper |
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### Social Work Services

|                  |
|------------------|
| Projector screen |
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|                          |
|--------------------------|
| Lockable Filing cabinets |
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|            |
|------------|
| Flip-files |
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|      |
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| Desk |
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|            |
|------------|
| Stationary |
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| Drug tests |
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|-----------|
| Envelopes |
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### Learner

### After school program (ASP):

|                  |
|------------------|
| Children's books |
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|                 |
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| Children's toys |
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|                    |
|--------------------|
| Children's clothes |
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| Children's Bibles or Standard Bibles |
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| Foam mats |
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| Portable speaker |
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| Educational poster |
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|--------------------------------------|
| Branded bibs with slot for name tags |
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We thank you for your continued support and patronage. May we continue to mould, empower and serve together, raising up disciples in Jesus's name.

**MES Cape Town**

**ABSA**

**Account no: 405 806 2432**

**Branch code: 632 005**

**Ref: your cell phone number**

**Should you require an 18 A tax receipt please email your proof of payment to**

**[prcapetown@mes.org.za](mailto:prcapetown@mes.org.za)**